

LEARN WHO'S AT RISK FOR SUICIDE AND SOME OF THE WARNING SIGNS THAT COME WITH SUICIDAL IDEATION.

DO YOU KNOW WHO'S AT RISK FOR SUICIDE?

- PERFECTIONIST PERSONALITIES
- GAY AND LESBIAN YOUTH
- LONERS
- YOUTH WITH LOW SELF-ESTEEM
- DEPRESSED YOUTH
- STUDENTS IN SERIOUS TROUBLE
- ABUSED, MOLESTED OR NEGLECTED YOUTH
- GENETIC PREDISPOSTION
- PARENTAL HISTORY OF VIOLENCE, SUBSTANCE ABUSE,
OR DIVORCE
- EXHIBITS BULLY BEHAVIOR

WARNING SIGNS INCLUDE, BUT ARE NOT LIMITED TO THE FOLLOWING:

- TALKING ABOUT SUICIDE
- MAKING STATEMENTS ABOUT FEELING HOPELESS, HELPLESS OR WORTHLESS
- A DEEPENING DEPRESSION
- PREOCCUPATION WITH DEATH; WRITING OR DRAWING PICTURES
- TAKING UNNECESSARY RISKS OR EXHIBITING SELF-DESTRUCTIVE BEHAVIOR
- OUT OF CHARACTER BEHAVIOR
- A LOSS OF INTEREST IN THE THINGS ONE CARES ABOUT
- MAKING ARRANGMENTS; SETTING ONE'S AFFAIRS IN ORDER
- GIVING PRIZED POSSESSIONS AWAY
- DECLINING GRADES
- TROUBLE WITH SLEEPING
- LOSS OF APPETITE
- PRESSURE TO ACHIEVE
- CHANGE OF APPEARANCE
- STRONG REACTION TO RECENT LOSSES (RELATIONSHIPS, DEATH)
- FINANCIAL STRESS